Your 2020/2021 Benefits At-a-Glance

Regular Full-Time Employees



This document provides a summary of the coverage available to eligible **regular full-time employees** under the Lotto Flex Benefits Program as of **December 1, 2020**. Your benefits will be locked in for one calendar year. Coverage can only be changed if you experience a life change. Eligible expenses are covered to the extent that they are reasonable and customary, as determined by Medavie Blue Cross or plan limits. In the event there is a discrepancy between this document and the formal plan or policy documents, the formal plan or policy documents will take precedence. See the **Lotto Flex Overview** for details on how to enroll in the program, the annual re-enrollment, default coverage and the current Flex Credit allocation.

HEALTH

Medavie Blue Cross Policy 14014

	BASIC* Family Basic Option is only available if you provide proof of coverage under another plan	ОРТІМИМ	PREMIUM
Deductible		None	
Lock-in Period		1 year	
Lifetime Maximum Dependent Eligibility		Unlimited pendents can be covered until	the age of 21
Dependent Englower		(or 25 if a full-time student)	
Survivor Benefit		24 months	
Termination Age		ent. Active Employees age 70+ al expenses: please see your r	
Covered Expenses			
Prescription Drugs (legally requiring a prescription and subject to mandatory	With pay-direct drug card	Mandatory Generic Substitution – to reasonable and customary	
generic substitution)		y (30 days supply may apply to	
Drugs (excluding Diabetic Supplies)	20%	80% to an out-of-pocket maximum of \$45 per prescription / 100% thereafter	80% to an out-of-pocket maximum of \$15 per prescription / 100% thereafter
– Vaccines	 To a maximum of \$700 per 5 plan years 	 To a maximum of \$700 per 5 plan years 	To a maximum of \$700 per 5 plan years
Smoking CessationDrugs	Not covered	 \$300 lifetime maximum on smoking cessation drugs 	 +300 lifetime maximum on smoking cessation drugs
 Fertility Drugs 	Not covered	 \$1,500 per plan year and lifetime maximum of \$3,000 	 \$1,500 per plan year and lifetime maximum of \$3,000
 Allergy Sera 	Included	Included	Included
Aspirin Therapy (ASA)	 \$75 maximum per plan year 	 + \$75 maximum per plan year 	 \$75 maximum per plan year
 Intrauterine Contraceptive Devices 	- Included	- Included	- Included
– Diaphragm	Included	Included	Included
 Erectile Dysfunction Treatments 	 Not covered 	 \$250 maximum per plan year 	 \$250 maximum per plan year
Weight Loss Treatment	Pre-authorization required	Pre-authorization required	Pre-authorization required

	BASIC*	OPTIMUM	PREMIUM
Ambulance Transportation	To a m	/ear	
Out-of-province/Canada Medical Emergency	Out of Country coverage is p		
Hospital Coverage / Chronic Care	None	None	Semi-private – 100%
Convalescent Care / Physical Rehabilitation	None	None	100% to a maximum of \$50 per day and 120 days per plan year
Vision	20%	80%	90%
 Lenses/Frames/Contact 	To a maximum of:	To a maximum of:	To a maximum of:
Lenses/Laser Eye Surgery (combined)	Age 19 and over:\$50 per 2 plan yearsUnder age 19:	Age 19 and over:\$200 per 2 plan years	• Age 19 and over: • \$300 per 2 plan years
	 \$50 per plan year (combined with visual training) 	Under age 19:\$200 per plan year	• Under age 19: • \$300 per plan year
– Eye Exams*	Age 19 and over:1 exam per 2 plan years	 Age 19 and over: 1 exam per 2 plan years 	Age 19 and over:1 exam per 2 plan years
	Under age 19:1 exam per plan year	Under age 19:1 exam per plan year	Under age 19:1 exam per plan year
 Visual Training 	To a maximum of:	To a maximum of:	To a maximum of:
	Age 19 and over:\$50 per 2 plan years	Age 19 and over:\$150 per lifetime	Age 19 and over:\$150 per lifetime
	 Under age 19: \$50 per plan year (combined with lenses, frames, contact lenses and laser eye surgery 	Under age 19:\$150 per lifetime	Under age 19:\$150 per lifetime
Medical Supplies and Services	20%	80%	80%
 Diabetic Supplies 	20%	80%	80%
 Glucose Monitoring Systems 	To a maximum of \$4,000 per plan year	To a maximum of \$4,000 per plan year	To a maximum of \$4,000 per plan year
 Glucometer 	Тоа	maximum of \$200 per plan ye	ear
 Private Duty Nursing 	To a maximum of	To a maximum of	To a maximum
– Hearing Aids	\$2,500 per plan year To a maximum of \$125 per 5 plan years	\$10,000 per plan year To a maximum of \$500 per 5 plan years	of \$10,000 per plan year To a maximum of \$500 per 5 plan years
Diagnostic Tests	Included	Included	Included
Diagnostic Tests Durable Medical Equipment**		al, once per 5 plan years for a	
 Mobility Aids and Orthopedic Appliances 	Included	Included	Included
 Prefabricated Orthopedic Shoes\Orthopedic Shoe Supplies (combined) 	To a maximum of \$150 per plan year	To a maximum of \$150 per plan year	To a maximum of \$150 per plan year
 Custom-Made Foot Orthotics 	To a maximum of 4 pairs and a maximum of \$400 per 3 plan years	To a maximum of \$400 per 3 plan years	To a maximum of \$400 per 3 plan years
Custom Orthopedic Shoes		1 pair per plan year	
– Prostheses	Included	Included	Included
 Accidental Dental 	Pred	letermination of claim require	ed
 Other Medical Services and Supplies 	Included to certain ma	aximums and reasonable and	customary charges

Paramedical Services*	20%	80%	80%
 Physiotherapist, Athletic Therapist 	To a maximum of 20 visits per plan year	To a maximum of 20 visits per plan year	To a maximum of 40 visits per plan year
 Psychologist, Psychotherapist, Psychoanalyst, Social Worker, Counselling Therapist, Marriage and Family Therapist 	To a combined maximum of \$1,000 per plan year	To a combined maximum of \$1,000 per plan year	To a combined maximum of \$1,000 per plan year
 Osteopath, Podiatrist / Chiropodist, Chiropractor, Speech Therapist, Massage Therapy, Naturopath and Acupuncturist 	To a maximum of \$60 per practitioner to a combined maximum of \$200 per plan year	To a maximum of \$250 per practitioner to a combined maximum of \$800 per plan year	To a maximum of \$600 per practitioner to a combined maximum of \$1,500 per plan year
- X-rays	Included (Chiropracto	r, Osteopath, Naturopath, Chi	ropodist/Podiatrist)

^{*}Reimbursement per visit is limited to usual, customary and reasonable charges.

OUT OF COUNTRY EMERGENCY/TRAVEL ASSISTANCE

SSQ Policy 1BK50

Coverage	
Out-of-province/ Canada Medical Emergency	100% with a maximum of \$1,000,000 per event
Travel Assistance	Included
Termination Age	Earlier of age 70 or retirement
For more information on this coverage, ple	, ,

MEDICAL SECOND OPINION

Medavie Blue Cross Policy 14014

Coverage	
Medical Second Opinion	Access will be provided for qualifying medical conditions
Termination Age	Earlier of member's or spouse's age 70 or retirement

DENTAL

Medavie Blue Cross Policy 14014

	Basic	Optimum	Premium	
Deductible		N	None	
Lock In Period		1 year	3 years	
Dental Fee Guide		Current fee guide for General Practitioners		
Dependant Eligibility	Not covered	Eligible child dependents can be covered		
		until the age of 21 (or 25 if a full-time student)		
Survivor Benefits		24 months		
Termination Age		Earlier of age 70 or retirement. Active Employees a 70+ are eligible for a HCSA to cover Health and Der expenses please see your rate sheet for details.		
Covered Expenses	·			

^{**}Pre-authorization required.

	Basic	Optimum	Premium
Basic and Preventative Services		80%	90%
 Recall Examination Frequency 	Not covered	Adults: 1 per plan year Children under 19: 2 per plan year	Adults and children once per 6 months
 Teeth Polishing 		Adults: 1 per plan year Children under 19: 2 per plan year	Adults and children once per 6 months
 Fluoride Treatment 		Adults: 1 per plan year Children under 19: 2 per plan year	Adults and children once per 6 months
– Scaling		17 units per plan year (combined with Root Planing)	17 units per plan year (combined with Root Planing)
 Endodontic Services 		Included	Included
 Periodontic Services 	Not covered	Included	Included
Root planing		17 units per plan year (combined with Scaling)	17 units per plan year (combined with Scaling)
■ TMJ/Facial Pain		To a maximum of \$2,500 per lifetime	To a maximum of \$2,500 per lifetime
Major Services		70% to a maximum of \$1,000 per person per plan year	80% to a maximum of \$2,000 per person per plan year
Orthodontics		Not covered	50% to a lifetime maximum of \$2,000 for adults and children

LONG-TERM DISAB Medavie Blue Cross Policy 14014	
Termination Age	Earlier of age 65 less the qualifying period or retirement
Coverage	67% of first \$3,500 of monthly salary plus 55% of the balance, not exceeding the All Source Maximum
Non-Evidence Maximum	\$9,000 per month
Maximum Benefit	\$15,500 per month
Qualifying Period	120 days
Benefit Period	To age 65
Cost of Living (COLA)	Yes, to a maximum of 3% per year, effective January 1 of each year
Definition of Disability	Unable to do own occupation for 24 months
All Source Maximum	85% of pre-disability net salary
Taxation	Benefits are non-taxable
Waiver of premium	While you are receiving LTD benefits, your premiums are waived for the following benefits provided you continue to qualify for LTD benefits: • LTD • Life Insurance – Employee, Dependent and Optional
	AD&D Insurance – Employee and Optional

LIFE INSURANCE - EMPLOYEE

Medavie Blue Cross Policy 14014

	Basic	Optimum	Premium	Select
Lock-In Period	1 year			
Coverage	\$20,000	1 x salary	1.5 x salary	2 x salary
Non-Evidence Maximum	\$20,000	\$750,000	\$750,000	\$750,000
Maximum	\$20,000	\$1,550,000	\$1,550,000	\$1,550,000
Benefit Reduction	50% at age 65			
Termination Age	Earlier of age 70 or retirement*			

^{*} Coverage may be continued under a corresponding Retiree Plan, ask your HR representative for details.

LIFE INSURANCE - DEPENDENT

Medavie Blue Cross Policy 14014

Optimum	Premium	Select	
	1 year		
\$5,000 for spouse	\$10,000 for spouse	\$20,000 for spouse	
\$2,500 for dependent child	\$5,000 for dependent child	\$10,000 for dependent child	
None			
Earlie	Earlier of employee's age 70 or retirement*		
	\$5,000 for spouse \$2,500 for dependent child	\$5,000 for spouse \$10,000 for spouse \$2,500 for dependent child \$5,000 for dependent child None	

^{*} Coverage may be continued under a corresponding Retiree Plan, ask your HR representative for details.

OPTIONAL LIFE INSURANCE

Medavie Blue Cross Policy 14014

	EMPLOYEE	SPOUSE	
Coverage	Available in units of \$10,000 Available in units of \$10,000		
Maximum	\$300,000 (30 units)	\$300,000 (30 units)	
Evidence of Insurability	Required for all amounts		
Termination Age	Earlier of age 70 or retirement* Earlier of employee's or spouse's age 70 or employee's retirement*		
* Coverage may be conti	inued under a corresponding Retiree Plan, as	sk your HR representative for details.	

OPTIONAL CRITICAL ILLNESS INSURANCE

SSQ Policy 1BK40

	EMPLOYEE	SPOUSE	CHILD
Coverage	In units of \$5,000 (minimum of 2 units)	In units of \$5,000 (minimum of 2 units)	
Non-Evidence Maximum	\$15,000	\$10,000	\$10,000 per family
Maximum	\$150,000 (30 units)	\$150,000 (30 units)	
Evidence of Insurability	Required for amounts above \$15,000	Required for amounts above \$10,000	Not required
Termination Age	Earlier of age 70 or retirement	Earlier of age 70 or retirement	Employee's age 70 or retirement

For more information on this coverage, please contact your HR Representative. LottoFlex Benefits at-a-glance – Regular Full-Time December 1, 2020

ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE - EMPLOYEE

SSQ Policy 1BK35

	Basic	Optimum	Premium	Select
Lock-in Period	1 year			
Coverage	\$20,000	1 x salary	1.5 x salary	2 x salary
Maximum	\$20,000	\$1,500,000	\$1,500,000	\$1,500,000
Termination Age	Earlier of Age 70 or retirement*			

For more information on this coverage, please contact your HR Representative.

OPTIONAL AD&D INSURANCE

SSQ Policy 1BK45

	EMPLOYEE	EMPLOYEE & SPOUSE	EMPLOYEE, SPOUSE & DEPENDENT CHILD(REN)	EMPLOYEE & DEPENDENT CHILD(REN) ONLY
Coverage	In units of \$10,000			
Maximum	\$300,000 (30 units)	50% of Employee's principal sum	Spouse – 40% of Employee's principal sum Each dependent child – 11% of Employee's principal sum	15% of Employee's principal sum
Termination Age	Earlier of age 70 or retirement*	Earlier of Employee's age 70 or retirement*	Earlier of Employee's age 70 or retirement*	Earlier of Employee's age 70 or retirement*

For more information on this coverage, please contact your HR Representative.

^{*} Coverage may be continued under a corresponding Retiree Plan, ask your HR representative for details.

^{*} Coverage may be continued under a corresponding Retiree Plan, ask your HR representative for details.

HEALTH CARE SPENDING ACCOUNT (HCSA)

Medavie Blue Cross Policy 14014

Any excess Flex Credits you have remaining after choosing your benefits can be deposited into a Health Care Spending Account (HCSA). Your HCSA can be used to cover any medical or dental expense allowable as a deduction under the Income Tax Act provided they are not covered, or not covered in full, by your provincial health insurance or by any private health plan you participate in. You can claim expenses for yourself or anyone you claim as a dependent for income tax purposes, including elder care. See the table below for highlights about how the HCSA works.

HOW THE HCSA WORKS	
Covered person	You and anyone listed as a dependent on your income tax return
Contributions	The amount you designate for your HCSA will be deposited December 1
Supports the costs for	Eligible health and dental expenses
Covered expenses	100% of eligible expenses that are allowed under the <i>Income Tax Act</i> .
	Receipts must be incurred/ dated in the benefit year.
	For more information on <i>Income Tax Act</i> eligible expenses under your HCSA, visit http://www.cra-arc.gc.ca/tx/tchncl/ncmtx/fls/s1/f1/s1-f1-c1-eng.html#N1043D
Key dates	Claims for eligible expenses incurred between December 1, 2019 – November 30, 2020 must be submitted by February 28, 2021.
	Claims for eligible expenses incurred between December 1, 2020 – November 30, 2021 must be submitted by February 28, 2022.
Unused balance at the end of the benefit year	Any balance remaining in the account at the end of the first 12 months can be carried forward for one additional year
	This year, CRA has announced a special COVID-19 one-time extension on expiring balances. Unused balances that were set to expire on November 30th, 2020 have been extended until November 30th, 2021.
Tax considerations	Expenses reimbursed are tax deductible
HCSA claims	HSCA claims are reimbursed upon request. You simply submit your receipts to the carrier and the amount of the receipt will be deducted from the balance in your HCSA.

2020/2021 PERSONAL SPENDING ACCOUNT (PSA)

Medavie Blue Cross Policy 14014

On December 1st, 2020 you will receive a wellness allowance from AL deposited into your PSA. The amount you receive will be depended on the level of coverage you were enrolled in as of November 30, 2020– Basic, Optimum or Premium. Please see the 2020/2021 rate sheet below for allowance amounts.

HOW THE PERSONAL SPENDING ACCOUNT WORKS					
Covered person	ou and your enrolled dependents				
Contributions	Personal Spending Account: wellness allowance from AL deposited into your account December 1, 2020				
Supports the costs for	Eligible Health and Wellness expenses.				
Covered expenses	Eligible expense categories include:				
	Heath & Wellness				
	Fitness & Sports Activities and Equipment				
	Personal Development				
	Alternative Health Treatments				

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	 Insurance Premiums Family Care Recreation & Leisure Supplements & Meal Replacement Green Living Productivity Other Medical Expenses Receipts must be incurred/ dated in the current or prior benefit year.			
Key Dates	Eligible expenses dated December 1, 2019 – November 30, 2020 must be submitted by February 28, 2021			
	Eligible expenses dated December 1, 2020 – November 30, 2021 must be submitted between March 1, 2021 and February 28, 2022 (Note: claims submitted before March 1, 2021 will be declined)			
Unused balance at the end of the benefit year	Unused account balances do not carry-forward and will be forfeited.			
Tax considerations	Expenses reimbursed are considered a taxable benefit. It is most tax effective to submit a claim for an eligible expense to your HCSA or Atlantic Lottery Wellness Programs first, if you have funds available and then submit any remaining outstanding balance to your Personal Spending Account			
PSA claims	PSA claims are reimbursed upon request. You simply submit your receipts to the carrier and the amount of the receipt will be deducted from the balance in your PSA.			

EMPLOYEE AND FAMILY ASSISTANCE PROGRAM (EFAP)

This confidential service provided by Homewood is available to you and your dependents as part of your benefits program. The EFAP offers assistance and support for a full range of personal, family and work issues, including:

- family difficulties relationship issues, separation or divorce, marital conflicts or parenting problems
- work-related difficulties stress, burnout, interpersonal problems, difficulties adjusting to change
- personal problems fatigue, anxiety, loss of motivation or self-esteem, depression or bereavement
- dependency problems alcohol, drugs or medication abuse and gambling problems
- legal problems support for family law matters, such as separation or divorce, child support and custody
- financial problems credit and debt management and budget planning
- child and elder care educational materials, research assistance for daycares, vacation camps, retirement homes, home care and psychological support

Once you register for the Homewood website, you can access a robust set of tools and resources. Whether you need more information on a specific health topic, want to try a self-directed e-learning course or need some help locating child or elder care services, you'll find valuable resources through the Homewood member services website. See the Who to Contact section below for contact information.

WHO TO CONTACT

CONTACT	FOR QUESTIONS ABOUT
Medavie Blue Cross 1-888-873-9200 medaviebc.ca/members	 Your benefits coverage under the following plans: Health Dental Long-Term Disability Life Insurance Your benefits and claims Your HCSA and PSA balance and submitting HCSA and PSA claims Assistance registering for online access to the Medavie Blue Cross member website
SSQ 1-902-425-2729 Out of Country Emergency Toll Free Number: 1-866-783-9473 (USA and Canada) 1-514-285-8195 (Collect from elsewhere)	Your benefits coverage under the following plans: Out of Country/Emergency Travel Insurance AD&D Insurance Critical Illness Insurance
Homewood 1-800-663-1142 homeweb.ca	 Accessing the EFAP Assistance registering for online access to the Homewood member website
Atlantic Lottery Corporation Colette.komst@alc.ca or at ext 5318 Kristin.Bastarache@alc.ca or at ext 5515 HROps@alc.ca	 Adding or removing dependents Benefits cards Reporting a life change Reporting a change of address

2020/2021 RATES





Rates shown are monthly	BASIC	OPTIMUM	PREMIUM	SELECT
Health	Single: N/A Family: \$129.73	Single: \$88.68 Family: \$230.73	Single: \$110.62 Family: \$287.30	_
Out of Country Emergency Travel Assistance		Single: \$2.95 Family: \$5.90		_
Dental	None	Single: \$31.56 Family: \$78.88	Single: \$48.64 Family: \$121.60	_
Long Term Disability	\$1.861 per \$100 of coverage			
Life Insurance – Employee	\$0.164 per \$1,000 of coverage			
Life Insurance - Dependent	_	\$1.27 per employee	\$2.53 per employee	\$5.02 per employee
AD&D Insurance - Employee	\$0.016 per \$1,000 of coverage			_
Optional AD&D Insurance	Employee: \$0.0198 per \$1,000 / Family: \$0.0288 per \$1,000			

SPENDING ACCOUNTS				
Amounts shown are annual	BASIC	OPTIMUM	PREMIUM	SELECT
2020/2021 Personal Spending Account (PSA) Wellness Allowance	Single: \$50 Family: \$50	Single: \$250 Family: \$500	Single: \$250 Family: \$500	_
HCSA Allocation for Employees age 70+		\$1,	580	

OPTIONAL LIFE INSURANCE – EMPLOYEE AND SPOUSE					
Age of employee	R	ates per mont	h per unit of \$	1,000	
or spouse	Non-	Smoker	Sm	oker	
	Male	Female	Male	Female	
Under 30	\$0.052	\$0.038	\$0.080	\$0.057	
30-34	\$0.057	\$0.043	\$0.090	\$0.066	
35-39	\$0.066	\$0.047	\$0.113	\$0.085	
40-44	\$0.104	\$0.071	\$0.189	\$0.128	
45-49	\$0.180	\$0.113	\$0.331	\$0.213	
50-54	\$0.302	\$0.189	\$0.543	\$0.331	
55-59	\$0.510	\$0.302	\$0.898	\$0.506	
60-64	\$0.784	\$0.454	\$1.299	\$0.699	
65-69	\$1.403	\$0.678	\$2.304	\$1.022	

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OPTIONAL CR	ITICAL II	LNESS – E	MPLOYEE A	ND
Age of employee	R	ates per mont	th per unit of \$5	5,000
or spouse		Smoker		
	Male	Female	Male	Female
0-19	\$0.305	\$0.259	\$0.342	\$0.287
20-24	\$0.324	\$0.250	\$0.361	\$0.278
25-29	\$0.472	\$0.453	\$0.546	\$0.537
30-34	\$0.500	\$0.601	\$0.620	\$0.786
35-39	\$0.583	\$0.731	\$0.814	\$1.119
40-44	\$0.842	\$0.953	\$1.388	\$1.748
45-49	\$1.462	\$1.406	\$2.877	\$2.923
50-54	\$2.294	\$1.896	\$5.245	\$4.181

\$2.507

\$3.654

\$3.885

\$6.595

55-59

\$9.703

\$5.458

\$7.252

2020/2021 RATES December 1, 2020 to November 30, 2021



66 \$9.648 \$5.337 \$23.911 \$10.619 67 \$10.591 \$5.874 \$26.298 \$11.674 68 \$11.674 \$6.457 \$28.925 \$12.839 60 \$12.839 \$7.104 \$31.820 \$14.116	65	\$8.778	\$4.856	\$21.738	\$9.648
68 \$11.674 \$6.457 \$28.925 \$12.839	66	\$9.648	\$5.337	\$23.911	\$10.619
7 7	67	\$10.591	\$5.874	\$26.298	\$11.674
60 \$12,930 \$7,104 \$31,930 \$14,116	68	\$11.674	\$6.457	\$28.925	\$12.839
φ12.020 \$14.110 \$31.020 \$14.110	69	\$12.839	\$7.104	\$31.820	\$14.116

	TILLECO	
CRITICAL		

Child	\$4.376 per \$10,000 in	coverage per month