Plan Member My Value Added Benefits

Buffett Taylor is a People Corporation company. As a part of People Corporation, Buffett Taylor provides client plan members with access to an exclusive and innovative suite of products and services.

My Wellness – you have access to complimentary Wellness tools to help you and your family get well, stay well and live well.

My Wellness Connection – your monthly wellness email that includes:

- An electronic health and wellness newsletter
- National Health Observance
- Tip of the Month
- Link to a health article and recipe of the month.

6	
	Body Bulletin Canada
Tip of the Month	We want to motivate and empower you to make healthy identifie choices. Stay up to date on the
Cut the Caffeine	most relevant health and welfness information through our monthly Body Bulletin
lafter incruzes anieta levels.	Citik here its view online.
epicials if you're pitting more han 320 mpi a dau tremoved	
main you mp. a say, nonsore anish mean account interfails	National Health Observance
ty substituting your caffee with	April is Parkinson's Awareness Ponth
prentra, Etas (Albe amount of otherw transf is coffee - and its	brain disorder affects over 100,000 Canadians and 6 million people worldwide?
a young this, which means it packs	In test your Parkitson's K2 visit here.
one powerful activitieth,	
fou don't have to cut cuffeine completely, but if you're having	Article of the Month
nure than 330 mgs a day and find	Boost your brain power with food Can eating certain foods make you smarter.
ousief fighting headaches and lotigue when you to to cut back.	happier, and better able to constructively respond
ou may be physically dependent.	Continue Reading
	Recipe of the Month
Questions or	Recipe of the Ponts Roasted Cauliforwar and Red Pepper Soup
Comments?	This soup not only offers great flevour, but the
enal	colors and textures are attractive as well. Roanting intensifies the flavours of the vegetables.
elbecs (people corporation com	Continue Reading
and our Wellness recialist will get back	
to you.	ய க ்

My Preferred Benefits – opportunities for cost containment, choice and convenience.

• Visit <u>www.peoplecorporation.com/my-preferred-benefits</u>, your one stop to access information and start taking advantage of resources to assist you in using your benefits plan wisely. Here's what you'll find:

MY PREFERRED PHARMACY – A program overview and link to the Loblaw pharmacy locator tool.

MY PREFERRED VISION CARE – A program overview and link to the Loblaw store locator tool. Once at the store locator, you check 'optical' and it will provide the closest location.

MY PREFERRED BRAND MEDICATIONS – Program overview and a link to the innoviCares and RXHelpONE sites for interested members to register for these programs.



See reverse for details of each program

EXPERIENCE THE BENEFITS OF PEOPLE

Brought to you by:

peop

ORATION



My Preferred Pharmacy

Loblaws – discounts on dispensing fees and mark up costs. *



Preferred Dispensing Fees

- ON \$8.83 per prescription item (to match Ontario drug benefit schedule)
- MB, AB, SK, NS, NB and PEI \$8.50 per prescription item

Reduced Mark up Costs on drug ingredients and fees
ON, MB, SK, NS, NB and PEI – 8%, AB – 6%

Brought to you by:



Loblaws - Also available through Loblaw optical and eyewear locations. *

- 40% off frames and prescription lenses (on complete package)
- 10% off contact lenses
- 40% off safety frames and prescription lenses

My Preferred Brand Medications

Your plan may reimburse your prescription at the generic level, however, you may, due to medical reasons, require the brand name version.



InnoviCares provides you and your family supplementary coverage for many brand name medications providing them at similar prices to their generic alternative – plus the program offers additional savings on many other healthcare products. Access to brand medications such as Altace, Crestor, Nexium and Plavix, etc. are offered through innoviCares.



RxHelpONE allows you to stay on brand name medications, at little or no additional cost. The program gives you access to multiple medications, from multiple brand manufacturers on ONE program. It is easy for you, and your pharmacist. Example drugs available under the RxHelpONE program include Lipitor, Lyrica, Nasonex, Zoloft, etc.

Buffett Taylor

*Not available in the Province of Quebec